

Kenneth J. Renfrow, MS, LPCC
Licensed Professional Clinical Counselor
Ohio License #E3610
17 Blue Line Drive
Athens, Ohio 45701
740-592-5689 - FAX 740-593-7166

Thank you, for the opportunity to serve your counseling needs. The following information is designed to inform you about my background, office procedures, our professional relationship and basic information about my practice.

Professional Qualifications and Experience

I have been licensed as a Professional Clinical Mental Health Counselor (in the State of Ohio) since 2001. I also practiced as a Counselor Trainee from 1996-2001. I worked as a paraprofessional mental health worker from 1988-1996. I hold an Associate's Degree in Mental Health Technology from Sinclair Community College, a Bachelor's Degree in Psychology from Wright State University, and a Master's Degree in Community Counseling from the University of Dayton. I have been providing therapy to individuals, couples, and groups in community settings since 1996.

My areas of specialization as a therapist include, but are not limited to:

- Education, Personal, and Social Adjustment Counseling
- Relationship and family issues
- A wide range of mental/emotional challenges
- Clients searching for meaning and purpose in their lives
- Counseling people who experience co-occurring mental illness and substance abuse issues

Independent Practice

I am an independent practitioner and I am not affiliated with any other practice or clinician sharing the office space and resources at 17 Blue Line Drive, Athens, Ohio 45701. This means that I maintain your records and clinical information separately and I am solely responsible for your treatment.

I welcome any questions you may have about your therapy. If during the course of your therapy you have any questions about the nature of your therapy or about fees, please feel free to discuss your concerns with me. If you have become unhappy with the service you are receiving, it is important that you try your best to communicate the sources of your dissatisfaction to me. And, if it becomes necessary, I will do my very best to help you locate a more suitable referral or therapy resource.

In my private practice, I accept only clients whom I believe have the capacity to resolve their own problems with my assistance. I believe that as people become more self-aware

and accepting of themselves, while concurrently making behavioral changes and learning to set limits, they become free in their relationships and in their lives. However, self-awareness, self-acceptance, and the implementation of behavioral changes are goals reached in various time frames. We will work together to achieve your goals in a timely manner. During the course of counseling, we will need to evaluate the process and progress of therapy periodically and re-negotiate the need for further sessions.

Appointments

Appointments may be scheduled as needed either at the end of the session or by phone. You can reach our office manager Karen White at 740-592-5689.

Cancellations and Missed Appointments

If it is necessary to cancel an appointment, a 24-hour notification would be appreciated. You may call and leave a message for me at 740-592-5689. It is important to note that you will be billed at half the usual rate for appointments that have not been cancelled 24-hours in advance. If you are using your insurance to defray the cost of this service, be aware that most insurance policies will not pay for missed sessions, leaving you fully responsible for the cost. Please just call if you cannot attend a scheduled appointment.

Termination of Services

You may terminate counseling at any point and I will be respectful and supportive of your decision. However, termination is most efficacious if we have the opportunity to discuss and make the decision together. If you fail to show for a scheduled appointment and do not call to reschedule within 48-hours, we will assume you have chosen to terminate therapy.

Emergencies

Due to my other worksites/employment, I will unfortunately not be available in a timely way to any emergencies, which may arise in your life. If the issue, which has arisen, can wait, you may either wait for our next appointment, call the office at 740-592-5689 in an attempt to schedule an earlier appointment, or be placed on my waiting list. If the issue cannot wait or if there is a danger of harming yourself or someone else, you may contact Crisis Services (24-hour crisis hotline) at 740-593-3344.